For the Birds - Pinecone Pleaser



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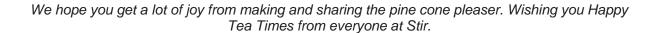
Next time you are out walking pick up a fallen pinecone to create your own natural bird feeder.

Ingredients:

4.5 cups of suet
1 cup dried, crumbled wholemeal bread
½ cup of shelled sunflower seeds
¼ cup of millet seeds
¼ cup of raisins (or chopped, dried apples)



- 1. Melt suet over a low heat in a saucepan. Once melted set it aside to cool down a little and thicken as it cools.
- 2. While suet is cooling take a large mixing bowl and mix together the remaining ingredients stirring well. Add the cooled and thickened suet to the bowl and mix thoroughly.
- 3. Stuff the mixture between the hard leaves or petals of the cones. Once the cones are full to the brim, hang them in the garden and enjoy your bird visitors over the following days.



A recipe from Rosemary Tully's book called:

Tea for the Tui, Fun Recipes to Entice birds to your garden

